

My View

VALUES

Communication

Optimistic  
or NOT



Road  
Blocks

## IMPROVING LIFE ONE GATHERING AT A TIME

HEALTHIER    HAPPIER    LESS STRESSED    MORE PRODUCTIVE    BALANCED

If these are qualities you want to embrace than this group of gatherings are tailor made for you. Start living the life YOU create with gatherings in the comfort of your own home.

Who: 3 - 5 Comfortable Friends

What: 5 (1 hour gatherings)

When: Once a week for 5 weeks on a Monday or Tuesday

Where: Comfort of your own home with a house call\* or Zoom Meeting

\*within a 10 mile radius of Legacy and Warren in Frisco.

Cost: \$150 per person (All 5 gatherings included)